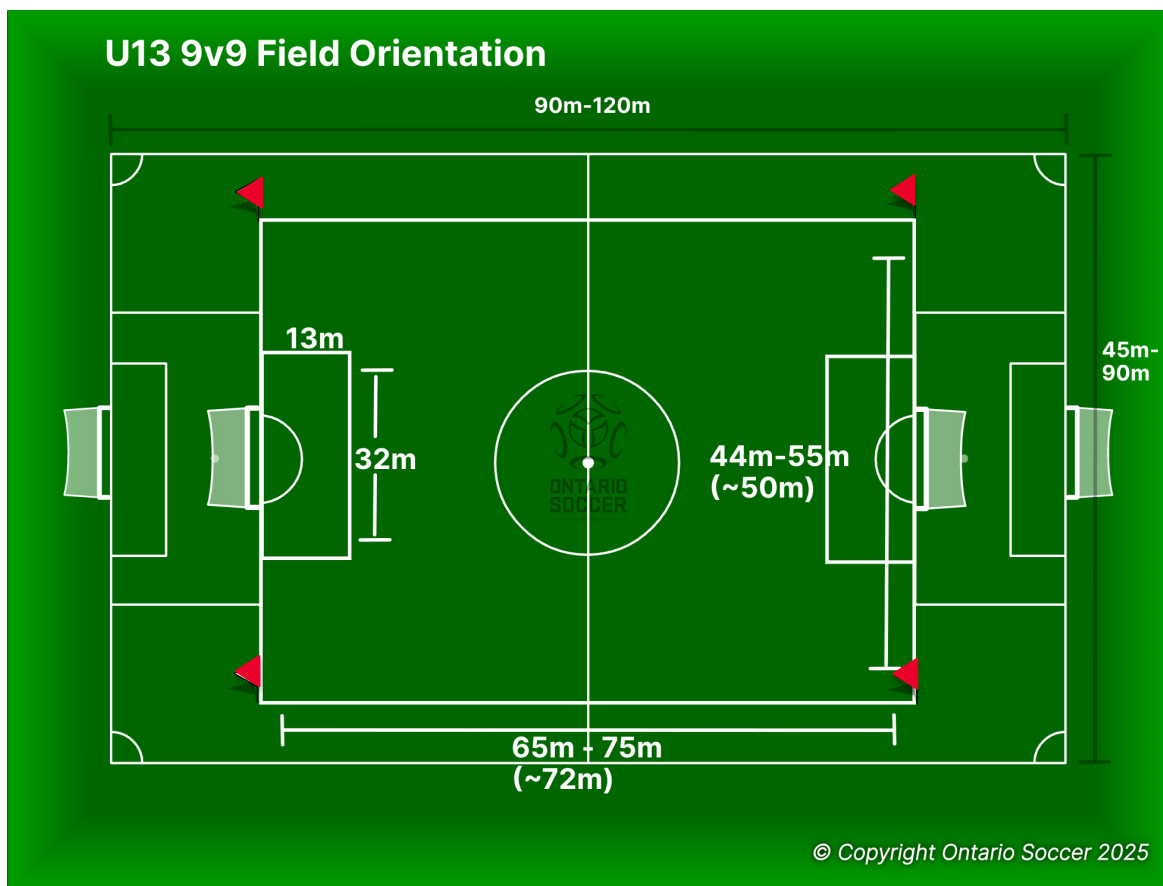


U13 (Preferred Setup)

- Use of the full 11v11 pitch (use of width dependent on field dimensions).
- Play box-to-box (penalty area to penalty area) - provides appropriate playing space for all moments of the game and more advanced tactical development.
- Example Dimensions (preferred measurements noted as ~#):
 - Length: 65–75m (from penalty box to penalty box)
 - Width: 45–55m (full field width)
 - Goal Size: 6ft (1.83m) x 18ft (5.49m)



Field Marking Recommendations

- Use cones, temporary paint, or flat markers for clear boundaries.
- Ensure penalty area and build-out lines are clearly marked.
- Goals must be secured and safely weighted or anchored at all times.

