

March 7, 2025



# IModel Pilot Year 4 Central Region Coaches Meeting



# Agenda

- **IModel Annual Cycle**
- **IModel Standards**
- **Registrations**
- **Important things to know**
- **Key dates**
- **Number of registered teams**
- **Q & A**





# Central Region IModel – Annual Cycle



Jan	FEB	Mar	April				May				June					July				August				September					October				November				December					
Weeks			1	2	3	4	1	2	3	4	1	2	3	4	5	1	2	3	4	1	2	3	4	5	1	2	3	4	5	1	2	3	4	1	2	3	4	1	2	3	4	5
Winter Sports + Pre-Season			Pre-Qualifying				Qualifying Season					TRANSITION June 22 to July 7					C 1 Season				BREAK August 11 to Aug 17				C 1 Season					Showcase Oct 4-5				Recovery / Transition Winter Sports				Winter Sports				
																	C 2 Season								C 2 Season																	





Club Licencing	<ul style="list-style-type: none"> <li>Quality Soccer Provider (QSP)</li> </ul>
Coaching Qualifications (2 Staff)	<ul style="list-style-type: none"> <li>Head Coach – C License trained or Grassroots Diploma</li> <li>Assistant Coach – Soccer 4 Life</li> </ul>
Game Format	<ul style="list-style-type: none"> <li>FIFA Standards</li> <li>11 v 11</li> </ul>
Roster Size	<ul style="list-style-type: none"> <li>14 - 20 including goalkeepers</li> </ul>
Match Official Fees	<ul style="list-style-type: none"> <li>U13 &amp; U14 = R \$60 AR (2x) \$45</li> <li>U15 = R \$65 AR (2X) \$50</li> <li>U16 = R \$70 AR (2X) \$55</li> <li>U17 &amp; U18 = R \$75 AR (2x) \$60</li> </ul>
Qualification	<ul style="list-style-type: none"> <li>Qualification for C2 or C1 to end by June 22</li> </ul>
C2 Championship C1 Championship C1 Showcase	<ul style="list-style-type: none"> <li>C2 – TBA</li> <li>No</li> <li>By October 4-5</li> </ul>



# Team Registrations



## Total

- 201 boys' teams
- 98 girls' teams



# Important things to know

<b>Rules</b>	<b>Location in Rules and Regulations</b>
Call-Ups	Page 5 – 7 c)
Roster Size	Page 5 – 7 (a & b)
Proper identification must be present at all games	Page 4 – 6 a)
Who can be on the bench	Page 4 – 6 c)
No match official payment at the field	Page 15 – 19 d)
Substitutions on own stoppages	Page 9 – 12
Break is 10 minutes	Page 10 – 13
Forfeits	Page 11 – 15 (d, e and f)
Rescheduling games	Page 11 – 15 (a-c)
Code of Conduct	Page 18
Game day best practices	Page 20

# Rules & Regulations 2025

## Registration

Players can only be rostered to a team within two (2) years older than their birth year.

For example, a U14 player can only be rostered to a U14 or U16.

Participating Clubs must include a Player approval and Parent/Guardian approval statement in the player registration form. Section IV, 9. paragraph e).

## Player Identification

Only players and team officials for whom identification is made available for inspection may have their names entered on the game sheet and be eligible to play/coach. Players and team officials without proper identification are not eligible to play or be on the bench.

Games will not be played unless at least one coach on the bench with valid identification is listed as a coach or assistant coach on the team roster. Failing to do so will result in game forfeiture, and the offending team will be fined appropriately.

## Rosters

Each team MUST print three (3) copies to be brought to the game and provided to the Match Officials. The game sheet may list a maximum of twenty (20) players and four (4) team officials. Only those listed on the game sheet will be permitted to sit on the bench or in the designated bench area.

## League break

Transition break: June 22 to July 7

League break: There will be no C1 or C2 games scheduled from August 11 to August 17, 2025.

**Note:** There are no blackout dates in any phase.

## Call-ups

Call-up” players must be rostered with a team from the same Club (to meet the requirements of a call-up, the player MUST be called up to a higher age or division or league)

Players can only be called up to a team that is two (2) years older than their birth year.

For example, a U14 player can only be called up to a U14 or U16.

Players registered to a Grassroots team are not permitted to be called up to U13.

A player that is registered both competitively and recreationally with different Clubs shall not be permitted to be “called up” from a recreational registration to an IModel team.

For example, if player A is registered for competitive IModel for Club A and then registered for recreational with Club B within the same Region or from outside the Region this player can NOT be called up to play on any other IModel team.

## Game day

The maximum number of named, dressed and played players that may be recorded on a game sheet in any one game is twenty (20).

Unlimited substitutions on own stoppage (must not significantly alter the flow of play).

\*10-minute break between halves

Game Sheets are generated through the IModel’s League Management System.

## Roster Deadlines

The Roster Freeze date for IModel C1 and C2 is July 31, 2025. Players may only be added to a roster after the roster freeze upon submission of an approved ITC (international) or IPC (interprovincial) and the approval of the Region IModel Committee (RIC)

A Technical Director may, in extreme circumstances and in the absence of any other qualified coach, step in and be recorded on the game sheet as the Head Coach of the team for that specific game. The Technical Director must meet the Requirement of Section IV, 9. paragraph c).

There shall be a District IModel pre-season meeting, either in person or virtually, at which each team Head Coach or delegate must attend. Attendance will be tracked and recorded. Failure to attend the meeting will result in a \$100.00 fine. The Head Coach or delegate will receive a team information package inclusive of all rules and regulations and a form that must be signed by the Head Coach or delegate attesting to having received the rules and regulations and that they will conform to all rules and regulations as included therein. Teams will NOT be permitted to play if this form has not been received by the Host District.

## Scheduling

If a team advises the league in writing, more than 48 hours in advance, that it will be unable to field a team for a scheduled league game, the game will be considered a forfeit and will not be rescheduled. A team can only use the above privilege once (1) in the season, and the team will not be fined for that one instance. A second instance of “more than 48 hours in advance” will result in a forfeit and fine.

\*Please check IModel rules & regs Scheduling section 12.1 for more information.

KEY DATES	
<b>YRSA Coaches Meeting</b>	March 7 at 7 pm (Virtual)
<b>Qualifying Season*</b>	To end by June 22
<b>Competitive 2 Season</b>	Starts July 7
<b>Competitive 1 Season</b>	Starts July 7
<b>Roster freeze C1 and C2</b>	<p>July 31, 2025</p> <p>* Where applicable, players may only be added to a roster upon submission of an ITC (international) or IPC (interprovincial) at the discretion of the league operator</p>
<b>Championship Showcase (C1)</b>	By October 4-5
<b>Conference Championship (C2)</b>	By September (* TBA)
<b>League Break</b>	No matches on August 11 to August 17
<b>U18</b>	Single table to end by mid-August

\* End of Qualifying season may be affected by # teams, reschedules, etc.



# Allocations – Girls



GU13	Central Region Districts	# Registered Players 2024	# teams registered in Qualifying	C2 host	C1
	YRSA+HDSA	274	10	YRSA 6	4
	TSA+SSA+DRSA	275	10	TSA 6	4
	<b>Total</b>	<b>549</b>	<b>20</b>	<b>12</b>	<b>8</b>

GU14	Central Region Districts	# Registered Players 2024	# teams registered in Qualifying	C2 host	C1
	YRSA+HDSA+GNSA	263	10	TSA 14	5
	TSA+SSA+DRSA	203	12		3
	<b>Total</b>	<b>466</b>	<b>22</b>	<b>14</b>	<b>8</b>



# Allocations - Girls



GU15	Central Region Districts	# Registered Players 2024	#teams registered in Qualifying	C2 host	C1
	YRSA+HDSA+GNSA	234	9	YRSA 9	5
	TSA+SSA+DRSA	170	8		3
	<b>Total</b>	<b>404</b>	<b>17</b>	<b>9</b>	<b>8</b>

GU16	Central Region Districts	# Registered Players 2024	# teams registered in Qualifying	C2 host	C1
	YRSA+HDSA+GNSA	140	8	YRSA 10	4
	TSA+DRSA	126	10		4
	<b>Total</b>	<b>266</b>	<b>18</b>	<b>10</b>	<b>8</b>



# Allocations - Girls



GU17	Central Region Districts	# Registered Players 2024	# teams registered in Qualifying	Host C2	C1
	YRSA+HDSA+GNSA+TSA+SSA+DRSA+E COSA	265	17	TSA 9	8
	<b>Total</b>	<b>265</b>	<b>17</b>	<b>9</b>	<b>8</b>

GU18	Central Region Districts	# Registered Players 2024	Single table May - August	Host Regional
	YRSA+HDSA+TSA	120	4	TSA 4
	<b>Total</b>	<b>120</b>	<b>4</b>	

# Allocations - Boys



BU13	Central Region Districts	# Registered Players 2024	# teams registered in Qualifying	Host C2	C1
	YRSA+HDSA+GNSA	656	18	YRSA 14	4
	TSA+SSA+NYS+DRSA	843	22	TSA 18	4
	<b>Total</b>	<b>1,499</b>	<b>40</b>	<b>32</b>	<b>8</b>

BU14	Central Region Districts	# Registered Players 2024	# teams registered in Qualifying	Host C2	C1
	YRSA+HDSA	585	20	YRSA 16	4
	TSA+SSA+NYS	533	17	TSA 14	3
	DRSA	219	7	DRSA 6	1
	<b>Total</b>	<b>1,337</b>	<b>44</b>	<b>36</b>	<b>8</b>





# Allocations - Boys

BU15	Central Region Districts	# Registered Players 2024	# teams registered in Qualifying	Host C2	C1
	YRSA+HDSA+GNSA	501	17	YRSA 13	4
	TSA+SSA+NYSA	459	18	TSA 15	3
	DRSA+ECOSA	184	7	DRSA 6	1
	<b>Total</b>	<b>1,144</b>	<b>42</b>	<b>34</b>	<b>8</b>

BU16	Central Region Districts	# Registered Players 2024	# teams registered in Qualifying	Host C2	C1
	YRSA+HDSA+GNSA	339	16	YRSA 13	3
	TSA+SSA+NYSA	401	14	TSA 10	4
	DRSA+ECOSA	150	7	DRSA 6	1
	<b>Total</b>	<b>890</b>	<b>37</b>	<b>29</b>	<b>8</b>

# Allocations - Boys



BU17	Central Region Districts	# Registered Players 2023	# teams registered in Qualifying	Host C2	C1
	YRSA+HDSA+GNSA	336	14	YRSA 10	4
	TSA+SSA+NYSA+DRSA	431	15	TSA 11	4
	<b>Total</b>	<b>767</b>	<b>29</b>	<b>21</b>	<b>8</b>

BU18	Central Region Districts	# Registered Players 2023	Single table May - August	Host Regional
	YRSA+TSA+DRSA	314	9	TSA 9
	<b>Total</b>	<b>314</b>	<b>9</b>	



# Agreement to abide by Rules and Regulations



\* Please sign the Coaches Agreement form and return to your District Administrator







<https://www.ontariosoccer.net/imodel>  
imodel@ontariosoccer.net



**ONTARIO  
SOCCER**  
EST. 1901

